



**SHINE** WITH **DIVINE**

*The Gratitude*  
**CHECKLIST**

Thank You for Downloading the Gratitude Checklist  
We are happy to get you started with Magic of Gratitude.

*BE THANKFUL*  
—  
**BE GRATEFUL**  
—  
*BE BLESSED*

Follow the Simple instruction to get started.

[www.shinewithdivine.com](http://www.shinewithdivine.com)



# SHINE WITH DIVINE

**Shweta Middha**

Life  
coach  
Shine  
With  
Divine



I help Individual to transform from ordinary life to divinity to attract abundance and miracles to shine with divine.



**Click To Connect Shweta for**  
**30 min FREE Discovery call to**  
**Shine With Divine**

[www.shinewithdivine.com](http://www.shinewithdivine.com)





# SHINE WITH DIVINE

## *The Gratitude* CHECKLIST

Use this checklist as prompts for your journaling. Go through the prompts one by one and write the first thing that comes to mind

- ☐ Things I am grateful for today are...
- ☐ The people I am grateful for in my life are...
- ☐ One of my greatest strengths is...
- ☐ My greatest childhood memory is...
- ☐ A fear that I have overcome is...
- ☐ An accomplishment I am proud of is...
- ☐ The best 3 things that happened to me today are...
- ☐ 3 things about my body that I love are...

# The Magic of Gratitude

## Things I am grateful for today are...

I am grateful for ...

## The people I am grateful for in my life are...

I am grateful for ...



# The Magic of Gratitude

## One of my greatest strengths is...

I am grateful for ...

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## My greatest childhood memory is...

I am grateful for ...

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# The Magic of Gratitude

## **A fear that I have overcome is...**

I am grateful for ...

## **An accomplishment I am proud of is...**

I am grateful for ...



# The Magic of Gratitude

**The best 3 things that happened to me today are...**

I am grateful for ...

**3 things about my body that I love are...**

I am grateful for ...

# The Magic of Gratitude

**The best 3 things that happened to me today are...**

I am grateful for ...

**3 things about my body that I love are...**

I am grateful for ...





# SHINE WITH DIVINE

## *With Gratitude*

Practice Gratitude Everyday for 5 min to continue to  
experience the magic of Divine.

Shweta Middha | Life Coach



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